Webinar on Significance of Mental Health in Children

Date: January 20, 2022 (Thursday)

Timings: 5:00 p.m. to 6:20 p.m. (IST)/ 11.30 to 12.50 am (GBT)

Link:
https://us02web.zoom.us/j/89214468511?pwd=MDJsUWdUVlg5YUJRNUtGUDA2UzdOUT09

Meeting ID: 892 1446 8511

Passcode: 714856

Introduction

Mental health is not simply the absence of a mental disorder. Being mentally healthy during childhood means reaching developmental and emotional milestones, learning healthy social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and their communities.

Our speakers for the event:

1. Dr. Om Prakash Srivastava

Expert in the field of Neurodevelopmental Paediatrics and Community Paediatrics. He is a Fellow of the Royal College of Paediatrics and Child Health (FRCPCH). Dr Srivastava did his Diploma in Community Paediatrics with distinction from Sheffield University and completed his Master in Community Paediatrics from Nottingham University. While researching Dr, Srivastava devised a tool to quantify the care of children known as Graded Care Profile (GCP). GCP has been translated into Japanese and Spanish languages. Its latest edition GCP2 is shared with the National Society for Prevention of Cruelty to Children (NSPCC). Dr Srivastava is also a member of NSPCC. The tool developed by Dr Srivastava, GCP, is being used by UK authorities. Dr, Srivastava worked as Consultant Paediatrician and Clinical Lead (Neurodisability) in Cambridgeshire Deanery (Luton) and was designated Doctor for Child Safeguarding and retired from the same post in 2021.

Dr Srivastava is presently an independent expert in children's health and development matters commissioned by the English Courts. Presently working in United Kingdom (UK) since 1982.

2. Dr Raj Kathane

Dr Kathane has initial education and training in Psychiatry from India and UK. He further took higher training in Psychiatry from Cambridge and Peterborough. Dr Kathane took up the substantive Consultant's job in Child and Adolescent Psychology at Bedfordshire and was elevated to the Fellowship of Royal College in 2001. He had been Chief Tutor of Royal College of Bedfordshire and Luton psychiatric Training Group. Dr Kathane retired from the post of Regional Advisor in Psychiatry for the Royal College, covering East Anglia Region and Consultant Child, Adolescent and Family Psychiatrist in Bedford in 2009.He remained Honorary Magistrate at Bedford bench for ten years, he is also a Medical Member of the Mental Health Review Tribunal Service, Ministry of Justice, UK.

Dr Kathane is actively involved with a local mental health charity, called 'Our Mind Matter'. Dr Kathane has keen interest in classical music and travel.

3. Dr Renu Kishore

Dr Renu Kishore has a teaching experience of over four decades as a Professor in Psychology at the University of Delhi. Her areas of specialisation have been Counselling Psychology. Over the years she has been academically active and is a member of major academic organisations, such as the National Academy of Psychology (NAOP) and the Indian Association for Family Therapy(IAFT). Dr Renu Kishore is a member of a prestigious NGO, the Association for Social Health in India (ASHI). She is also a Life member of the Indian Music Therapy Association
(IMTA).Dr. Renu Kishore has authored chapters and modules on counselling and has carried out an Indian adaption of the textbook 'Counseling: A Comprehensive Profession' by S.T. Gladding, published by Pearson India. Dr Kishore has set up psychological centres in different organisations, including her college. She is an invited expert member of the internal complaints committees of a few private and government organisations. She has delivered training and sensitivity programs to judicial officers working with child sexual abuse victims. She is regularly invited to address issues of mental health in schools, colleges, social organisations and the corporate sector
Throughout the covid pandemic, Dr Renu Kishore has been addressing academic webinars for issues in mental health besides helping individuals and families in dealing with conflicts and enhancing coping skills.

Participants

The webinar will be attended by functionaries of NGOs working in the field of Child Rights, Child Care Institution Personnel, Counselors, and professionals in the field of Psychology, Child Rights Advocates, Students, Children and Parents. The detailed schedule of the session has been provided below.

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S No.	Duration	**Topics**	**Resource Person**
01.	5.00 p.m. to 5.07 p.m.	**Opening Note**	Mr Shashank Shekhar, Settlor, Trustee and Founding Member
02.	5.07 p.m. to 5.09 p.m.	Introduction of the First Speaker	Mr. Shashank Shekhar
03.	**5.10 p.m. to 5.25 p.m.**	**Primary and Secondary Prevention of Mental Health Problems in Children and Adolescents.**	**Dr. Om Prakash Srivastava**
04.	5.25 p.m. to 5.27 p.m.	Introduction of the Second Speaker	Mr Shashank Shekhar
05.	**5.28 p.m. to 5.43 p.m.**	**Mental Health Problems in Children and Adolescents**	**Dr. Raj Kathane**
06.	5.43p.m. to 5.45 p.m.	Introduction of the Third Speaker	Mr Shashank Shekhar
07.	**5.46p.m.-6.01 pm**	**Mental Health Concerns of Children in times of Pandemic**	**Dr. Renu Kishore**
08.	6.02p.m.-6.017 p.m.	Discussion and question answer session	Mrs. Ratna Saxena (*Co- Founder and Lifetime Trustee CRACR&PD)*
09.	6.17p.m.-6.20 p.m.	**Vote of Thanks**	**CRACR & PD** Mr Shashank Shekhar & Mrs Ratna Saxena.